Exhibit C-1

List of Directors and the Executive Officers of the Applicant

Please see attached.

Blue Cross Blue Shield of Michigan Mutual Insurance Company

| Name | Title |
|----------------------------------|---|
| Daniel J. Loepp | Director, President and CEO |
| Paul L. Mozak | Executive Vice President, Chief Financial Officer |
| Waymond E. Harris | Senior Vice President, Treasurer |
| Elizabeth A. Irick | Vice President, Corporate Secretary |
| Kenneth R. Dallafior | Executive Vice President |
| Tricia A. Keith | Executive Vice President |
| Darrell E. Middleton | Executive Vice President |
| Lynda M. Rossi | Executive Vice President |
| Todd J. Van Tol | Executive Vice President |
| Susan L. Barkell | Senior Vice President |
| Jeffrey L. Connolly | Senior Vice President |
| William M. Fandrich | Senior Vice President |
| James D. Grant, M.D. | Senior Vice President |
| Michele A. Samuels | Senior Vice President |
| Laurine Symula Parmely | Senior Vice President |
| James G. Agee | Director |
| Peter B. Ajluni D.O. | Director |
| Renee C. Axt | Director |
| Ronald J. Bieber | Director |
| William H. Black | Director |
| Terry W. Burns | Director |
| Robert F. Casalou | Director |
| Rosalind R. Cooperman | Director |
| Patrick J. Devlin | Director |
| Shauna Ryder Diggs, M.D. | Director |
| Sara W. Doyle | Director |
| Linda D. Forte | Director |
| Joseph A. Garcia | Director |
| Yousif B. Ghafari | Director |
| Diane R. Goddeeris, R.N., B.S.N. | Director |
| Paula J. Herbart | Director |
| Gerald Kariem | Director |
| Kerry M. Kaysserian, D.D.S. | Director |
| Melvin L. Larsen | Director |
| Christopher J. Maksym, Pharm. D. | Director |
| Gary J. McInerney | Director |
| Anne M. Mervenne | Director |
| Susanne M. Mitchell | Director |
| Brian E. Peters | Director |
| Phillip Pierce | Director |
| Dennis M. Ramus, M.D. | Director |
| Scott P. Serota | Director |
| F. Remington Sprague, M.D. | Director |
| Gregory A. Sudderth | Director |
| Laura D. Swartzmiller | Director |
| Brad E. Thompson | Director |
| Gary H. Torgow | Director |
| Renee L. Turner-Bailey | Director |
| Janice K. Uhlig | Director |